

# Year Ahead / Year in Review

## Making it Work for You

Year Ahead/Year in Review (Y.A./Y.R.) is exactly that – an assessment and review of the past year while looking forward toward new aspirations and intentions for the year ahead. Reflecting on life on an annual basis keeps you on track with your personal goals, dreams, and finances. I like to think of Y.A./Y.R. as an annual life plan or map only with built-in flexibility that easily adapts to anticipated and unforeseen developments in the upcoming year.

It's all about self-improvement, but without the guilt you might feel when you fall short of your goals. The purpose of Y.A./Y.R. is to take an honest look at everything you currently do as well as everything you say you will do so you can plan on performing better during the upcoming year.

Our goal is to lay out an easy to follow step-by-step process that will support you in building and sticking to an annual life plan. So you can see what goes into a great plan that's been tested through real-time, real-life trial and error, we will share with you what we've discovered works well and what we've intentionally abandoned. This is the real deal. In an easy to follow format, we provide the applicable concepts through simple worksheets that are flexible to allow in and adapt to your own creativity. The important thing is to get started NOW - that's right, right now - so you can begin crafting the life you've longed for but which, until now, has proven evasive.

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